



Cheshire West & Chester Council
Public Health
Wellbeing Services
Consultation

Visit: cheshirewestandchester.gov.uk



Cheshire West
and Chester

Foreword



Councillor Louise Gittins - Cabinet Member for Communities and Wellbeing

This important consultation is taking place because we want to hear your views on how Public Health Wellbeing services should best be delivered for the benefit of our communities across Cheshire West and Chester.

Public Health Wellbeing services have a significant part to play in delivering benefits across all three of these objectives, as the health and well-being of our residents affects all aspects of people’s lives.

We want to help people lead healthy and fulfilled lives, and if they need support we want to provide effective services that prevent problems developing and give individuals more control over their own well-being.

This also aligns with the priorities of the Health and Wellbeing Strategy that we have developed with key partners in the public, voluntary and business sector.

Please take the time to engage in this consultation and have your say.

Cheshire West and Chester’s Corporate Plan 2016-2020 known as ‘Helping the Borough to Thrive’ was developed after extensive public consultation and has the following strategic objectives:

.....
Thriving Residents

.....
Thriving Communities

.....
Thriving Economy

Introduction

We provide a range of Public Health Wellbeing services which we commission (or “buy in”) from a number of different organisations. We have an opportunity to consider future options for these services. Current services include:

- **Sexual Health** – This service provides testing and treatment for sexually transmitted diseases, contraception and safe sex advice. This is delivered through a mix of clinics and also outreach sessions. Some of these services are also provided through Community Pharmacies and GP practices.
- **Substance Misuse** – This service provides treatment, advice and recovery support for those experiencing problems in relation to drug or alcohol use. Some of the services are provided through Community Pharmacies, such as needle exchange.
- **NHS Health Checks** – this is a health “MOT” for individuals aged 40-74 and is provided currently through GP practices.
- **Integrated Wellbeing Service** – This service delivers the following elements
 - **Smoking Cessation** – This service supports anyone wanting to stop smoking, including some services delivered through Community Pharmacies and GP practices.
 - **Weight Management** – this service supports people to improve their lifestyle and lose weight where they have a Body Mass Index (BMI) of over 25. It includes services to people who are referred for Bariatric surgery.
 - **Exercise on Referral** – from a GP for people with specific health risks (e.g. diabetes).
 - **Over 75s exercise for free**

What we are consulting on

We are proposing to deliver Public Health Wellbeing services in one integrated Public Health contract.

This would offer a service where residents would have a single “front door” to a range of Public Health Wellbeing services, with a preventative focus, and access to specialist clinical and support services as required.

Most significantly, it creates the opportunity for people to have a comprehensive assessment of their health and lifestyle needs, and access the right services.

We are keen to hear your views to help us ensure that the money we have available is spent on services that best meet the needs of our residents.

Current Services

Details of the current Public Health Wellbeing services are as follows:

Sexual Health Services

East Cheshire NHS Trust currently provides sexual health services in Cheshire West and Chester for residents of any age.

Services provided include:

- Free on-line chlamydia screening postal kits for 16-24 year olds
- Free condom distribution service
- All methods of reversible contraception including implants and Intra Uterine Devices (coils)
- Emergency contraception and pregnancy testing
- Testing and treatment for all sexually transmitted infections

GPs currently provide contraception and chlamydia testing to all residents.

Pharmacies currently provide an Emergency Contraception service (including provision of condoms).

NHS Health Checks

GPs currently provide NHS Health Checks to eligible residents aged 40-74. A Health Check is an assessment of heart health risks that includes taking a medical history, an assessment of lifestyle (e.g. whether you smoke or drink, exercise) and recording measurements such as blood pressure, weight, BMI, cholesterol.

Substance Misuse Services

Turning Point Services Ltd currently offers support to those with drug and alcohol problems for all residents of any age in Cheshire West and Chester.

Services provided include:

- Group workshops and 1:1 counselling
- Recovery worker and peer mentor support
- Substitute prescribing
- Parenting workshops
- Families and carers group support
- Employment and housing support
- Dedicated young people's support
- Needle exchange

Integrated Wellbeing Service

The Cheshire Change Hub (within Brio Leisure) provides Wellbeing services:

Services provided include:

- 75's and over Go Free access to leisure facilities
- GP exercise on referral scheme for adults
- Weight management service for adults
- Stop smoking service (from the age of 13)

The Cost of the Service

The 2016-17 Council budget for the services provided across the Borough that are included in this consultation is £7.852 million. Following the recent consultation known as “Let’s Talk” regarding the budget for the period 2016-2020 it is proposed that by 2020 our budget will be reduced by £2.033 million to a maximum budget of £5.819 million for these services. Therefore the proposal to deliver a combined service will need to bring reductions in costs, such as efficiencies in management overheads, changes in services offered and methods of delivery.

Proposed Model

Our vision for a new service

We want to create a single service under one contract, with an increased focus on prevention and changing risky behaviours before problems develop. This will mean a seamless approach for our service users and efficiencies in shared resources which would enable us to deliver the best service possible within the funding available.

The service will be structured under two elements as follows;

1 Preventative services

This would include any advice and information services to enable customers to improve their lifestyles/behaviours. Services available could cover an assessment of needs, brief advice and interventions on smoking, alcohol, drugs, exercise and eating advice, and for eligible residents a NHS Health Check.

This element of the service will be able to make immediate referral to more specialist services identified as needed.

2 Intervention services

This would include specialist services such as substance misuse, sexual health, weight management and smoking cessation to enable people to improve their health and lifestyles.

This level of service would include structured programmes of intervention, prescriptions and clinical interventions. These will be delivered by appropriate healthcare professionals.

Possible alternative Options

The proposed model detailed in this consultation is only option. There are alternative approaches to be considered as follows: -

Alternative Option 1 - Sexual Health and Substance Misuse Services commissioned as one service covering the Cheshire West and Chester borough. This would leave the current Integrated Wellbeing service (provided by Brio Leisure) as a separate service.

Alternative Option 2 - Commission services across more than one Local Authority area. This would most likely have to be as separate services as our neighbours are not currently considering a fully integrated service. For example we could commission a Sexual Health Service that encompasses both Cheshire East and Cheshire West and Chester Local Authority areas. This could bring savings by having the same provider organisation covering a larger geographical area.

Alternative Option 3 - Continue to commission all services separately within Cheshire West and Chester borough. This will mean there are separate contracts for each of the different services, similar to current arrangements. The savings required will have to be made within those separate contracts.

How my views will be used

We want to know what you think about current public health services and our vision for a new service. Our consultation runs from 24th March until 25th June 2017. After the consultation ends your views will be carefully considered by Council staff and elected Members and used to shape our future commissioning plans for the services.

All responses will be confidential and no personal details will be shared. All reports from the consultation will be based on combined responses and so will be anonymous.

However, if there are any questions you do not wish to answer, please feel free to leave them blank.

A report on the results of the consultation will be made publicly available on the Council's website. These results, together with other information, will be considered by the council when recommissioning the services.

How to get involved

There is a range of ways for you to express your views, which **we need to receive by 25th June 2017**.

- Complete this consultation document
- Complete the online survey at www.cheshirewestandchester.gov.uk/PublicHealthYourViews
- Email your views to: commissioningandcontracts@cheshirewestandchester.gov.uk

Further information

Council information is also available in audio, braille, large print or other formats. If you would like a copy in a different format, in another language or require a British sign language (BSL) interpreter:

.....
Email: equalities@cheshirewestandchester.gov.uk

.....
Telephone: 0300 123 8123

.....
Textphone: 18001 01606 275757



Section One: Current Services

For this section please refer to the description of Current Services.

Q1a – If you have knowledge or experience of any of the following services in the borough in the last two years please indicate how satisfied or dissatisfied you are with them. Please cross (X) not applicable if you have no knowledge of a service.

This could be as someone who has used the service, or had a friend or family member, who has used the service, or someone who works or volunteers for the service.

Services as described in background details about current provision	Very satisfied	Quite satisfied	Neither satisfied or dissatisfied	Quite dissatisfied	Very dissatisfied	Not applicable
a) Sexual Health services at a sexual health clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Contraceptive services at a GP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Contraceptive services at a pharmacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Substance Misuse treatment and recovery services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Needle exchange at a pharmacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Stop Smoking service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Weight management service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Exercise on referral from GP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Over 75 years – Go Free access to leisure facilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) NHS Health Check at your GP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q1b – If you have said you are dissatisfied with any of the services please say how that service could be improved. Please make sure we know which service you are referring to.

Q1c – Is there anything that you think is working particularly well in the services you have knowledge or experience of?
Please make sure we know which service you are referring to.

Q1d – Given the financial savings the Council has to make please select the top 3 services you think are most important to residents to sustain. Please only choose 3 services so that we are clear what you would prioritise and put a cross (X) in the box next to each of your choices.

Service	Cross (X) box
a) Sexual Health services at a sexual health clinic	<input type="checkbox"/>
b) Contraceptive services at a GP	<input type="checkbox"/>
c) Contraceptive services at a pharmacy	<input type="checkbox"/>
d) Substance Misuse treatment and recovery services	<input type="checkbox"/>
e) Needle exchange at a pharmacy	<input type="checkbox"/>
f) Stop Smoking service	<input type="checkbox"/>
g) Weight management service	<input type="checkbox"/>
h) Exercise on referral from GP	<input type="checkbox"/>
i) Over 75 years – Go Free access to leisure facilities	<input type="checkbox"/>
j) NHS Health Check at your GP	<input type="checkbox"/>

Q1e - Are there any of the following services that you might view as less critical? Please cross (X) any that apply.

Service	Cross (X) box
a) Sexual Health services at a sexual health clinic	<input type="checkbox"/>
b) Contraceptive services at a GP	<input type="checkbox"/>
c) Contraceptive services at a pharmacy	<input type="checkbox"/>
d) Substance Misuse treatment and recovery services	<input type="checkbox"/>
e) Needle exchange at a pharmacy	<input type="checkbox"/>
f) Stop Smoking service	<input type="checkbox"/>
g) Weight management service	<input type="checkbox"/>
h) Exercise on referral from GP	<input type="checkbox"/>
i) Over 75 years – Go Free access to leisure facilities	<input type="checkbox"/>
j) NHS Health Check at your GP	<input type="checkbox"/>

Section Two: Our Proposed Model

Q2a – Generally speaking, do you agree or disagree that our vision to create a single holistic service under one contract is the best use of Council budget? (Please cross (X) one box only)

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know

If you agree or strongly agree please skip to question 2c.

Q2b – If you have disagreed in question 2a do you have a preference for any of the other options outlined under Alternative Options. Please cross (X) just ONE preferred option or cross (X) if you have no preference.

Options	Cross (X) one
1. Sexual Health and Substance Misuse Services commissioned as one service covering the Cheshire West and Chester borough. This would leave the Integrated Wellbeing service (currently provided by Brio Leisure) as a separate service.	<input type="checkbox"/>
2. Commission services across more than one Local Authority area. This would most likely have to be as separate services as our neighbours are not currently considering a fully integrated service. So for example we could commission a Sexual Health Service that encompasses both Cheshire East and Cheshire West and Chester Local Authority areas. This could bring savings by having the same provider organisation covering a larger geographical area.	<input type="checkbox"/>
3. Continue to commission all services separately within the borough of Cheshire West and Chester. This will mean that there are separate contracts for the different services, similar to current arrangements. The savings required will have to be made within those separate contracts.	<input type="checkbox"/>
4. No Preference	<input type="checkbox"/>

Q2c – Which, if any, of the following benefits do you think service users will get by combining the services listed in Question 1a? Please cross (X) ALL that apply and add any additional benefits you may think of.

An assessment that covers my overall health and wellbeing	<input type="checkbox"/>
Lifestyle advice and support available on a range of topics	<input type="checkbox"/>
Access to specialist care if required	<input type="checkbox"/>
Availability of an NHS Health Check	<input type="checkbox"/>
Less stigma than attending some of these services separately	<input type="checkbox"/>
Only having to attend one service for a range of needs	<input type="checkbox"/>
No advantages	<input type="checkbox"/>
Other advantages– please specify below	<input type="checkbox"/>

Q2d – Which, if any, of the following issues do you think service users will have by combining the services listed above? Please cross (X) ALL that apply and add any additional issues.

Would prefer to deal with one issue at a time	<input type="checkbox"/>
Having the right specialist staff on hand at the right time	<input type="checkbox"/>
Being able to get an appointment in a reasonable time	<input type="checkbox"/>
Won't want to be thought of as accessing some of the services on offer	<input type="checkbox"/>
No disadvantages	<input type="checkbox"/>
Other disadvantages – please specify below	<input type="checkbox"/>

Section Three: General Comments

Q3 – Do you have any further comments you wish us to consider?

Section Four: About you

All questions are voluntary and treated in the strictest confidence

The answers you give in this section will only be used to help us to plan our future services. Please feel free to leave blank any questions that you do not wish to answer. No information will be released that would allow identification of you as an individual or of your household.

Q4 – Which of the following best describes you? Please cross (X) all that apply.

A resident of Cheshire West and Chester	<input type="checkbox"/>
A user of any of the services being consulted on	<input type="checkbox"/>
An employee or volunteer of any of the services being consulted on	<input type="checkbox"/>
An employee of Cheshire West and Chester Council	<input type="checkbox"/>
An employee of the NHS	<input type="checkbox"/>
An elected Member of Cheshire West and Chester Council	<input type="checkbox"/>
An elected town or parish councillor in Cheshire West and Chester	<input type="checkbox"/>
A member of a voluntary or community organisation	<input type="checkbox"/>
Other (please specify in the box below)	<input type="checkbox"/>

Q5 – If you are responding on behalf of a group, organisation or club please state the name and postcode in the box below (you do not need to complete the rest of the 'About you' section). Please write in the box below.

Q6 – Please tell us your postcode; this is so that we can be sure we have obtained a range of views from across the borough. Please write in the box.

Q7 – Are you...? Please cross (X) one box only.

 Male
 Female
 Prefer not to say

Q7b – Is this the gender you were born into?
Please cross (X) one box only

 Yes
 No
 Prefer not to say

Q8 – Which age group do you belong to? Please cross (X) one box only.

 Under 16 requires permission box below
 16 to 17
 18 to 24
 25 to 34
 35 to 44
 45 to 54
 55 to 64
 65 to 74
 75 and over
 Prefer not to say

Please confirm that you have permission from a parent/guarding/responsible adult to take part in this consultation.
Please cross (X)

Q9 – Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months? This includes problems related to old age. Please cross (X) one box only.

 Yes
 No
 Prefer not to say

Q9b – If you answered yes to the question above, which of the following best describes your disability or illness?
Please cross (X) all that apply

- | | |
|--|--|
| <input type="checkbox"/> Physical impairment that causes mobility issues e.g. Wheelchair users | |
| <input type="checkbox"/> Visual impairment | <input type="checkbox"/> Hearing impairment |
| <input type="checkbox"/> Learning disability or difficulty | <input type="checkbox"/> Mental health issue |
| <input type="checkbox"/> Long standing illness or health condition | Other (please specify in the box below) |

Q10 – Which of the following best describes your religious belief/ faith? Please cross (X) one box only

- | | | | |
|-----------------------------------|------------------------------------|--------------------------------|--|
| <input type="checkbox"/> Buddhist | <input type="checkbox"/> Christian | <input type="checkbox"/> Hindu | <input type="checkbox"/> Jewish |
| <input type="checkbox"/> Muslim | <input type="checkbox"/> Sikh | <input type="checkbox"/> None | <input type="checkbox"/> Prefer not to say |

Other, please specify

Q11 – Which of the following terms best describes your sexual orientation? Please cross (X) one box only.

- | | |
|--|--|
| <input type="checkbox"/> Heterosexual (straight) | <input type="checkbox"/> Bisexual |
| <input type="checkbox"/> Gay/Lesbian | <input type="checkbox"/> Prefer not to say |
| <input type="checkbox"/> Other, please specify | |

Q12 – Which of the following terms best describes your ethnic origin? Please cross (X) one box only.

White

- English/Welsh/Scottish/Northern Irish/British
- Irish
- Any other White background
(X and write in below)

Asian or Asian British

- Indian
- White and Black African Bangladeshi
- Chinese
- Any other Asian background
(X and write in below)

Other ethnic group

- Arab
- Other ethnic group
(X and write in below)

Black or Black British

- Caribbean
- African
- Any other Black background
(X and write in below)

Mixed

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other Mixed background
(X and write in below)

Travelling Community

- Gypsy/Roma
- Traveller of Irish descent
- Other member of the Travelling Community

Thank you very much for taking part in this survey.

Please return this form to: The Research Team, Cheshire West and Chester Council,
4 Civic Way, Ellesmere Port, CH65 0BE.

The closing date for this consultation is 25th June 2017

Accessing Cheshire West and Chester Council information and services

Council information is also available in audio, braille, large print or other formats. If you would like a copy in a different format, in another language or require a BSL interpreter, please email us at **equalities@cheshirewestandchester.gov.uk**

Tel: 0300 123 8 123 **Textphone:** 18001 01606 275757

email: equalities@cheshirewestandchester.gov.uk

web: www.cheshirewestandchester.gov.uk